





The first thing that I must do is dig loads of holes for the seeds.

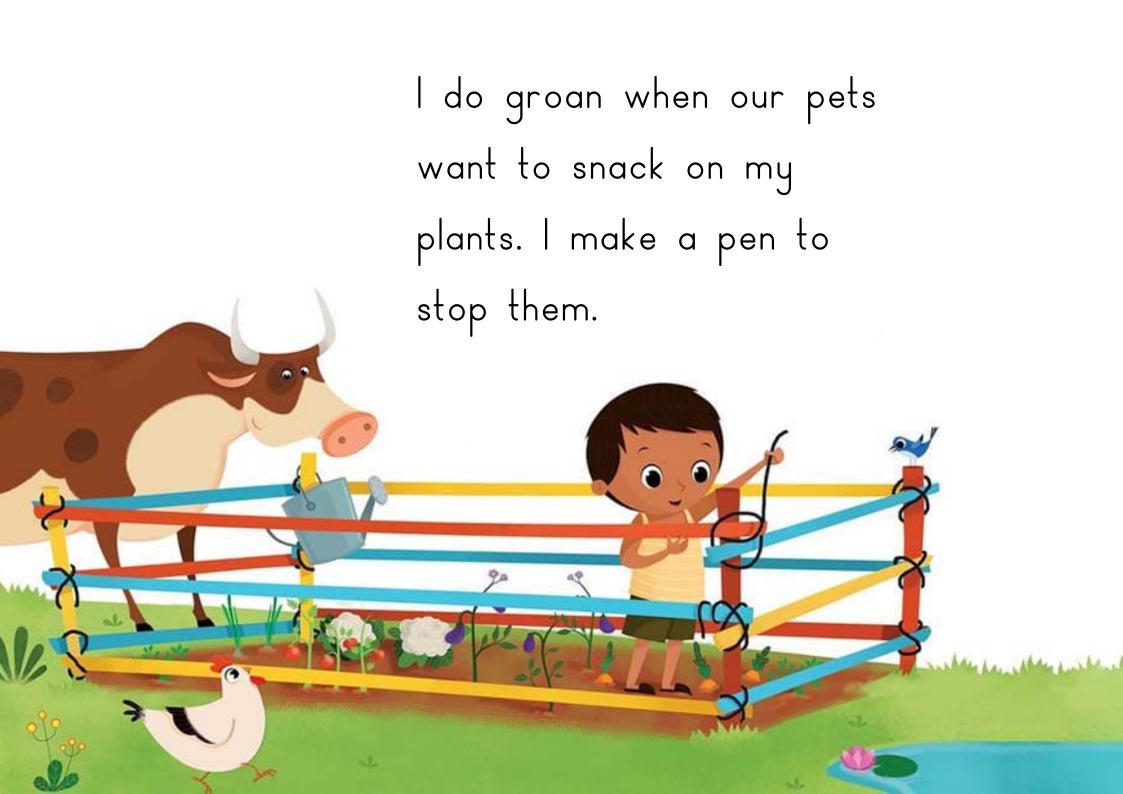






I do not moan or groan.

I tend to my plants with love.



When it is time, I pick what I want to use. I load the food up.





I scrub the food to get rid of the coat of dirt.



It was a big job to go from yard to plate. I do not boast, but I am glad the dish went well.









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